Dear Parent,

This letter is to remind you that a student in your child's classroom has a severe food allergy to **PEANUTS/NUTS/EGGS & SESAME SEEDS.** We are asking your help to provide the student with a safe school environment. Any exposure to PEANUTS/NUTS/RAW OR BOLIED EGGS & COCONUT for children with a severe food allergy **may cause a life-threatening allergic reaction that requires emergency medical treatment.** Please do not send any PEANUTS/NUTS/RAW OR BOLIED EGGS & COCONUT containing products to school with your child that will be eaten in the classroom. Children eat in such close proximity at school; and the chance of an inadvertent reaction is much higher in the school setting than elsewhere.

Due to the severe allergies, for especial events please bring **ONLY** store bought items with proper allergen information written on them to school. Home baked goods are not safe in particular because homemade goods are likely to contain traces of allergens from previous baking, and they're not safe options to bring to school even if they don't contain ingredients with NUTS.

If your child has eaten peanuts/nuts before coming to school, please be sure your child's hands and face have been thoroughly washed before entering the school.

We appreciate your support and understanding for our policy. Please complete and return this form so we are certain you have received this information. Please contact me if you have any questions.

I have read and understand KEL's nut free school policy. I agree to do my part in keeping the classroom PEANUTS/NUTS/RAW OR BOLIED EGGS & SESAME SEEDS free.

Child's Name _____ Parent's Name _____

Signature _____ Date _____

Ingredients to Avoid with Sesame Allergy

The list below includes information about ingredients to avoid if you have a sesame allergy, including uncommon names for the ingredient.

Benne, benne seed, benniseed, Gingelly, gingelly oil, Gomasio (sesame salt), Halvah, Sesame flour, Sesame oil, Sesame paste, Sesame salt, Sesame seed, Sesamol, Sesamum indicum, Sesemolina, Sim sim, Tahini, Tahina, Tehina, Til